

# Signs of Labor

You have vaginal bleeding

You have a severe, continuous headache and or vision changes, chest pain You experience sudden and rapid weight gain, puffy face or hands

You experience persistent uterine cramping, backaches, or contractions of any frequency prior to 36 weeks (one month before your due date or earlier).

You are having regular painful contractions every five minutes or less for two hour and are more than 36 weeks.

You do not feel your baby move for several hours after 28 weeks or if you think there is a significant decrease in your baby's activity (less than 10 movements per hour during a time of regular activity)

You are having regular painful contractions every five minutes or less for two hour and are more than 36 weeks.

Your bag of water breaks, regardless of presence/absence of contractions. Repetitive leakage or a gush of fluid from the vagina.

You are having vaginal bleeding similar to a period

If you have a temperature greater than 101 degrees.

Abdominal trauma or car accident