

In-Person Visits vs Telehealth: Choosing the Right Option for Your Child

We understand keeping your children healthy and safe is always your top priority. For this reason, it is essential to maintain regular visits to your child's pediatrician to properly maintain their growth and development, as well as ensure their long-term health. Routine well visits allow more opportunities to have questions answered related to your child's growth and development. Littleton Pediatrics offers annual well checks that qualify as your child's sports physical—no need to make an appointment at an urgent care or with your child's school. The benefits of regular well visits extend beyond immediate health concerns. They foster a trusting relationship between you, your child, and your doctor.

It is important to remember there are some issues that can be handled using telemedicine and some that cannot. For instance, any complaint that requires a test, like a possible UTI or strep are best addressed in person. These tests can be run conveniently in our in-house lab, allowing your pediatrician to examine, test, and treat your child all in one visit. It's important to be very cautious about independent and insurance-based telemedicine companies that try to make these diagnoses without physically examining your child, as they can result in unnecessary antibiotics and misdiagnosis. Our office prides itself on being available to see your child for same-day sick appointments with your primary physician.

In-Person vs Telehealth Appointments

In-Person

- Well Child Checks & Immunizations
- Strep
- Ear infections
- Sinus Infections
- Eye infections
- UTI
- Flu

Telehealth

- Med Check Follow Ups (In state only)



-Cough & Breathing Concerns (Asthma)

-Vomiting & Diarrhea

-Injuries & Concussions

-Learning & Behavioral Issues

-Menstrual Cycle Concerns



**Call our Highlands Ranch office at (303) 791-9999 or
our Ken Caryl office to schedule your child's
appointment with a Littleton Pediatric Medical Center
physician today!.**