

# Steps to Transfer to an Adult Practice:

1. Now that you are an adult it is time to transfer your medical care to an adult practice. The first step is to find a practice you would like to transfer to and call them to see if they are accepting new patients. See the attached list for some adult practices in the area.
2. After you find a practice that is accepting new patients, fill out the attached Amherst Pediatrics Release of Information form to request that your complete medical record be sent to the new practice. We will mail or fax this for you.
3. Call your new practice to schedule a new patient appointment. If they are unable to schedule your appointment without having received your medical record first, let us know. We can send over a copy of your immunization record and most recent physical which is often enough information for them to schedule. The process of transferring your medical record can take between 2-4 weeks.
4. Once you are scheduled for a new patient appointment, call the number listed on your health insurance card and give them the name of the practice you are transferring to, including the name of the primary care provider you will be seeing.
5. Go to your new patient appointment at your new practice and get to know your new primary care provider!

**Congratulations! You have graduated from pediatrics into adult medicine! Going forward, your new primary care provider will need to be contacted for any questions you may have about your health.**

# Adult Practices in the Area

## Valley Medical Group

- Amherst: (413) 256-8561
- Northampton: (413) 586-8400
- Easthampton: (413) 529-9300
- Greenfield: (413) 774-6301

Accepts most major insurances

## Baystate Medical Practice

- Springfield: (413) 794-8777
- Ware: (413) 323-7212
- Belchertown: (413) 323-7212
- South Hadley: (413) 794-8700
- Northampton: (413) 387-4100

Accepts most major insurances

## Cooley Dickinson Health Care

- Amherst: (413) 549-7080
- Northampton (413) 584-2178
- Hadley (413) 586-6020
- South Deerfield (413) 665-6760
- Belchertown (413) 323-7700

Accepts most major insurances

## Swift River Medical

- Belchertown (413) 213-0550

Accepts most major insurances, does not accept Masshealth plans

## Community Health Center of Franklin County

- Greenfield: (413) 325-8500
- Orange: (978) 544-7800
- Turners Falls: (413) 774-2615

Accepts most major insurances

## **Atkinson Family Practice**

- Amherst: (413) 549-8400

Accepts most major insurances