



NEWSLETTER

LATEST IN RESEARCH

Semaglutide Revolutionizes Weight loss and Cardiovascular Health!

We are thrilled to bring you the latest breakthrough in the world of medical science - the remarkable impact of FDA-approved Semaglutide on weight loss and cardiovascular health! This revolutionary drug is making waves in the healthcare industry, offering new hope to individuals struggling with obesity and related cardiovascular risks. Clinical trials have demonstrated that Semaglutide shows weight reduction by 15% of body weight and when given in high dose reduces cardiovascular deaths, non-fatal MI, and non-fatal stroke by 20% in patients with overweight or obesity and established cardiovascular disease (CVD) but no diabetes.

Reference: <https://www.medscape.com/viewarticle/995270>



EMA investigates Novo Nordisk's Ozempic and Saxenda after suicidal thoughts reported

- In the United States, prescribing instructions for Semaglutide for weight loss recommend patients to monitor for suicidal thoughts, however suicidal thoughts as a side effect had not been listed by European Medicines Agency

- FDA mentions respective Novo Nordisk trials did not suggest increased suicidal ideation or behavior, though the drug label contains a warning for suicidal behavior and ideation because of risks associated with other weight management drugs

Reference: <https://www.medscape.com/s/viewarticle/994162>



WHAT'S TRENDING

Berberine claimed as “ NATURE’S OZEMPIC”, trending on TIK-TOK but what does science says?

- 12 studies tested Berberine effect on obesity concluded moderately decrease in body weight; however poor quality data with uncontrolled bias
- 35 studies done on animals and humans showed reduction in blood glucose
- Other studies activates AMP-kinase showing improved glucose tolerance in rats

Yet, leading Endocrinologists and weight management experts say they do not have high quality data demonstrating Berberine’s efficacy.

Reference: <https://www.medscape.com/viewarticle/993949>



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