

## **Brief Developmental Milestones List**

This is a very brief checklist of developmental milestone in children from 2 months of age to 5 years. It is intended only as a rough guidepost and NOT as an all inclusive description of development in the young child.

### **2 Months:**

#### **Gross Motor:**

- Limited head control
- Reflexive limb movements

#### **Fine Motor:**

- Grasping reflex

#### **Speech:**

- Cooing and gurgling sounds

#### **Social Skills:**

- Developing social smiles
- Recognizing primary caregivers

### **4 Months:**

#### **Gross Motor:**

- Improved head control
- Rolling from tummy to back
- Attempting to push up on forearms

#### **Fine Motor:**

- Voluntary hand movements
- Grasping objects

#### **Speech:**

- Babbling with consonant sounds
- Responding to voice with vocalizations

#### **Social Skills:**

- Increased responsiveness to faces and voices
- Recognizing familiar people

### **6 Months:**

#### **Gross Motor:**

- Sitting with support
- Rolling both ways

- Starting to crawl

**Fine Motor:**

- Transferring objects between hands
- Raking objects with fingers

**Speech:**

- Babbling with more diverse sounds
- Responding to their name

**Social Skills:**

- Stranger anxiety may emerge
- Interest in playing peek-a-boo

**9 Months:**

**Gross Motor:**

- Crawling proficiently
- Pulling to stand
- Cruising along furniture

**Fine Motor:**

- Pincer grasp develops
- Exploring objects with fingers

**Speech:**

- Babbling with intonation
- Understanding simple words

**Social Skills:**

- Strong attachment to primary caregivers
- Enjoying social games

**12 Months:**

**Gross Motor:**

- Standing independently
- Taking first steps
- Walking with assistance

**Fine Motor:**

- Improved pincer grasp
- Feeding self with fingers

**Speech:**

- Saying first words
- Simple gestures like waving

**Social Skills:**

- Developing preference for certain toys
- Demonstrating likes and dislikes

**15 Months:****Gross Motor:**

- Walking independently
- Climbing stairs with help
- Kicking a ball

**Fine Motor:**

- Turning pages of a book
- Building with blocks

**Speech:**

- Vocabulary expansion (5-10 words)
- Pointing to body parts

**Social Skills:**

- Parallel play with other children
- Expressing basic emotions

**18 Months:****Gross Motor:**

- Running clumsily
- Throwing objects

**Fine Motor:**

- Scribbling with crayons
- Using a spoon

**Speech:**

- Combining two words
- Simple questions like "What's that?"

**Social Skills:**

- Playing alongside peers
- Imitating adults and other children

## **2 Years:**

### **Gross Motor:**

- Running with more coordination
- Jumping off low steps

### **Fine Motor:**

- Building with larger blocks
- Using a fork and spoon

### **Speech:**

- Expanding vocabulary (200+ words)
- Forming 2-3 word sentences

### **Social Skills:**

- Parallel and interactive play
- Beginning to share toys

## **30 Months (2.5 Years):**

### **Gross Motor:**

- Climbing playground structures
- Pedaling a tricycle

### **Fine Motor:**

- Drawing basic shapes
- Dressing with minimal assistance

### **Speech:**

- Speaking in sentences (3-4 words)
- Storytelling with imagination

### **Social Skills:**

- Cooperative play
- Beginning to understand rules and routines

## **3 Years:**

### **Gross Motor:**

- Running smoothly
- Catching a large ball

### **Fine Motor:**

- Drawing recognizable shapes
- Using scissors with supervision

**Speech:**

- Expanding vocabulary (1000+ words)
- Forming longer sentences

**Social Skills:**

- Engaging in group activities
- Showing empathy and sharing

**4 Years:****Gross Motor:**

- Hopping on one foot
- Climbing more complex structures

**Fine Motor:**

- Drawing recognizable objects
- Tying shoelaces with help

**Speech:**

- Fluent speech with complex sentences
- Storytelling with a beginning, middle, and end

**Social Skills:**

- Cooperative play with rules
- Developing friendships

**5 Years:****Gross Motor:**

- Skipping and hopping with ease
- Riding a bicycle without training wheels

**Fine Motor:**

- Writing letters and numbers
- Using utensils proficiently

**Speech:**

- Full comprehension of language
- Expressing thoughts and ideas clearly

**Social Skills:**

- Complex interactions and negotiations
- Forming more lasting friendships

Remember, these are general guidelines, and individual development can vary widely. It's essential to consult with healthcare professionals and educators for a more accurate assessment of a child's development.