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ALLERGY • ASTHMA • IMMUNOLOGY

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August 21, 2025

Eric Twombly, PhD
Principal Investigator
KDH Research & Communication
145 15th Street NE Suite 831
Atlanta, GA 30309
404.668.3728

Dear Dr. Twombly,

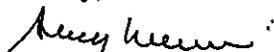
Rego Park Medical Associates provides this letter in support of KDH Research & Communication's (KDHRC) Small Business Innovation Research (SBIR) Phase II grant proposal to the National Institutes of Health. KDHRC plans to finalize and evaluate an app-based gamified sleep intervention for teens (ages 13-17) with asthma. We are excited to support KDHRC in this endeavor as the proposed application addresses and provides resources to improve teens' sleep.

We have been servicing our community since 1970 with integrity and commitment. As a multi-specialty group facility, we have been providing a broad range of services ultramodern facility located on the ground floor that is wheelchair and handicap accessible. We take pride in having experienced multilingual doctors and medical professionals who practice different areas of specialties. Our commitment to our patients focuses on remaining an integral part of an ethical practice that aims to make its patients feel good about having a partnership with our practice with regards to their overall wellness. We create partnerships with the community and with one another.

Rego Park Medical Associates has 55 years of experience providing our services to the community. Teens need eight to ten hours of sleep a night, but on average teens sleep about seven hours a night. The lack of sleep affects physical, mental, and behavioral outcomes and can stem from several reasons. Furthermore, teens with asthma have an increased risk of suffering from a lack of sleep compared to teens who do not have asthma.

The PATH-S app-based sleep intervention, as described, sounds well aligned with our mission to as stated, the proposed intervention addresses the need to support teens with asthma to get enough sleep. We are confident that the proposed program will bolster teens' knowledge and habits to improve their sleep quality and better manage their asthma symptoms. We give authorization for KDHRC to include this letter of support in their proposal to the National Institutes of Health.

Sincerely,



Audrey Weissman, MD
Owner

of