Kids First Pediatric Clinic, LLC
18603 Willamette Drive, West Linn, OR 97068.
Phone: (503) 699-3313
Website: www.kids1stclinic.com

Download this form from:

www.kids1stclinic.com

Healthy kids are happy Kids

Guardian Name:						
School Name:						
Student Name:						**Guardian Initial**
Date	**From**	**To**	**Miles**	**Bike**	**Walk**	

Each day you walk or bike from home to school or from home to the store, etc... record the distance you walked or biked and have your parent initial next to it. Once you walked 26.2 miles please bring your log sheet to my office at 18603 Willamette Dr.
The first 100 Marathon Kids will receive a $10 gift card from Dr. Badia Jabbour

Please note every mile of biking is equal to 1/2 mile of walking.